



# POLICY

## NAPPY CHANGING & TOILET TRAINING

SEPTEMBER 2020

Review 2023

### **Assunnah Primary School**

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Asunnah Early Years aims to include all children in our setting and understands that children arrive at nursery at different stages in their development and that some children may still be in nappies or trainer pants.

Children of 24 months to 30 months will have their nappies/pull ups changed. Sunnah Early years works with parents towards toilet training, and unless there are any medical or developmental reasons why this would be inappropriate.

As a guideline, children from 30 months onwards will be expected to wear underwear and with the agreement and support of the parents be toilet trained, however, this is a guideline only and we will treat each child as an individual and initiate toilet training when a child shows awareness of his / her toilet needs in consultation with parents and staff.

Children 36 months and over will be expected to be fully toilet trained and be wearing underwear. If we identify that a child is not full toilet trained we will adhere to the following procedure:

- Consult parents and work together on how best to support the child;
- Implement positive strategies and give meaningful incentives to aid the child's toilet training
- Review with the parent regularly with the Key Worker / Manager.

We view toilet training as a self-care skill that children can learn with the full support and non-judgmental concern of parents and practitioners.

### **Aim**

The aim is to ensure that nappies/trainer pants changing, and toilet training is carried out in a caring and hygienic manner with minimum distress to the child as agreed with parents. Staff will adopt a positive reinforcement approach towards child who is toilet training i.e. positively reinforcing success and minimising accidents.

Parents will be expected to provide nappies/trainer pants, wipes and nappy cream. Parents will be notified to provide further supplies when there are 3/4 nappies/trainer pants left.

### **NAPPY CHANGING PROCEDURE**

- Escort child to the changing area/bathroom;
- Make sure that you have everything you need for the nappy change before you start;
- Wear disposable gloves and apron;
- Change the soiled nappy and wipe the child clean and apply cream if required. Use the child's own labeled nappies, wipes and barrier creams;
- All wastage i.e. used nappies; wipes, gloves and aprons will be disposed of immediately into a nappy disposal bin;
- Dress child (clean clothing on where necessary), and lift child down from changing table.

- Assist child to wash their hands using anti-bacterial soap and warm water, and dry them using the paper towels provided;
- Staff member to also wash hands with anti-bacterial soap and warm water, and dry with the paper towels;
- Escort child back into the playroom;
- Record on Nappy sheet, Name of Child, Type of nappy (wet, soiled, dry) and sign to say it has been done;
- Use anti-bacterial spray and paper towels to clean nappy changing mat.

### **TOILET TRAINING PROCEDURE**

- Key Worker escorts child to use the toilet at regular intervals;
- Give lots of praise and encouragement;
- Use disposable gloves to wash the child;
- Encourage your child to wash their hands after using the toilet;
- Staff member also wash your hands;
- Give your child a sticker for their reward chart.

### **ACCIDENTS**

- If a child has a toilet accident do not make the child feel upset about the accident by showing disapproval;
- Deal with the accident in a calm manner without making a fuss;
- Wear disposable gloves to remove the soiled clothes and place them in a hygiene bag;
- Remove gloves and wear a fresh pair and clean the child;
- Remove gloves and support the child into clean clothes;
- Place the bag of clothes on the peg to be sent home;
- Notify parents of accident when they come to collect their child.